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VOL. XLVIII

Issue No. 32

Date: 17. 02. 2026



**A Hearty Welcome to our
Today's Chief Guest**

Rtn. Dr. Ajay R. Kamath

Dr. Ajay R. Kamath is a highly experienced ophthalmologist based in Mangaluru, with over 37 years of experience, specializing in cataract surgery, phacoemulsification, glaucoma, and bladeless LASIK surgery. He is a former professor in the Department of Ophthalmology at

Kasturba Medical College (KMC), Mangalore, and operates a private practice near Car Street.

Key Details About Dr. Ajay R. Kamath:

- **Credentials:** Holds an MBBS and an MS in Ophthalmology from Kasturba Medical College, Mangalore, with a gold medal in 1993 .
- **Expertise & Interests:** Specializes in comprehensive ophthalmology, specifically cataract surgery, retinal disease (retinopathy), and glaucoma.
- **Affiliations:** Associated with Unity Hospital, Highlands, and maintains a private clinic in Car Street, Mangalore. He is also affiliated with the Manipal Academy of Higher Education (MAHE).
- **Research & Publications:** Active in research, with published papers on topics including corneal incisions, ocular trauma, retinal nerve fiber layers.
- **Patient Feedback:** Known for being thorough, providing clear explanations, and being punctual with appointments.

Dr. Kamath is considered a senior, expert eye surgeon in the Mangalore region. Dr. Ajay specializes in the following treatments: Squint Surgery, Corneal Transplantation, LASIK, Ptosis Correction, Pterygium Excision, Trabeculectomy, Keratoplasty, Vitrectomy, Orbital Decompression Surgery, Cataract Surgery, Amblyopia Surgery, and Iridotomy.

- **Glaucoma & Retinopathy:** Expert in managing complex eye diseases.

Memberships & Research: Member of S.K.O.C., K.O.S., and A.I.O.S. (All India Ophthalmological Society). He has published research papers on topics such as corneal incisions and ocular trauma.

He is the past president of RC Mangalore and has been a Rotarian since 1993.

Happily married to Monica, an architect, and has one son, Rahul, who is a corporate lawyer working in Bangalore.

PROGRAMME 17.02.2026 AT 07.00 PM

Guest: **Rtn. Dr. Ajay R. Kamath**

Topic: **'PEACE & CONFLICT RESOLUTION
SKILL IN DAILY LIFE'**

Ann & Annets invited

Dinner Meeting

Next meeting. 24. 02. 2026 AT 07.00 PM

Speaker meeting

Ann & Annets invited

The Rotary theme for the month of February is

PEACEBUILDING & CONFLICT PREVENTION/RESOLUTION.

This month highlights one of Rotary's core areas of focus, encouraging clubs to support initiatives that address the root causes of conflict and promote community-level peace. It also includes World Understanding Month and the anniversary of the first Rotary meeting on February 23, 1905.

It is often, however, the conflicts that occur throughout the world that are the root causes of poverty, despair, economic hardship, and poor health. Take for instance the major deterrent to polio eradication: the difficulty in vaccinating children in war-torn countries. Rotary International as an organization understands this relationship and therefore is deeply invested in supporting individuals and programs that will develop leaders who are committed to seeking ways toward peace. The path toward peace begins with understanding and respect for the differences that make us unique.

These are the same types of values that are studied in the peace centers supported by Rotary International in association with several major universities across the globe. The mission of these centers is to "empower, educate, and increase the capacity of peace builders through rigorous academic training, practice, and global networking opportunities.

Through this experience, Rotary Peace Fellows build the skills needed to act as leaders and catalysts for peace and conflict resolution both in their communities and around the globe.

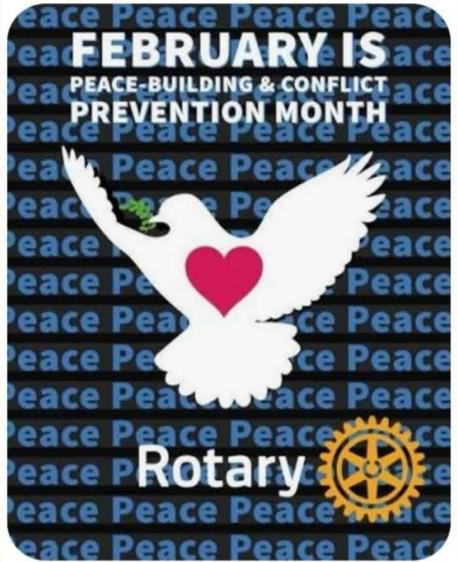
As Rotarians, we should all be similarly committed to understanding the conflicts that exist in our own society, to speaking out when necessary, and to seeking solutions that reflect the values of Rotary.

Through global grant activities, clubs and districts can participate in strategically focused, high-impact activities that align with Rotary goals that address this area of focus, including training leaders, including potential youth leaders, to prevent and mediate conflict; supporting peace building in communities and regions affected by conflict; and supporting studies related to peace and conflict prevention/resolution for career-minded professionals.

Key Aspects of the February Theme:

- **Peace and Conflict Prevention/Resolution:** Focuses on training, education, and projects that foster dialogue and strengthen communities to create lasting peace.
- **World Understanding Month:** A time to promote the Fourth Avenue of Service-fostering international goodwill and understanding.
- **Rotary's Anniversary (Feb 23):** Celebrated as "World Understanding and Peace Day," honoring the first club meeting in Chicago.
- **Actionable Goals:** Clubs are encouraged to highlight projects that reduce conflict, support peace centers, and promote public awareness.

This month aligns with the broader Rotary mission to build sustainable peace, often addressing issues like poverty and inequality that lead to conflict.



Prof. Dr Shivaprasad K^{MD} (Hom)

Prof. Dr Jyoshna S^{MD} (Hom)

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Proceedings of the Rotary Club Weekly Meeting February 10, 2026

Agenda: Vocational Excellence Award Function

Welcome : President Rtn. Dr. M. S. Arun Kumar Shetty warmly welcomed the chief guest, the Vocational Excellence Awardee, Rotarians, invitees, Anns, Annets, and guests. He highlighted the purpose of the meeting and acknowledged the remarkable achievements of the awardee in his chosen vocation.

Vocational Excellence Award Function ; The Vocational Excellence Award was conferred upon Dr. M. Prabhakar Joshi, retired Principal of Besant Pre-University College and an accomplished Yakshagana artist. The award was presented by the chief guest, Lion Kadri Navaneeth Shetty, in the presence of PDG K. Krishna Shetty, President Rtn. Arun Kumar Shetty, and other office bearers.

Reply to the Felicitations ; Dr. Prabhakar Joshi expressed his gratitude to Rotary Club Mangalore North for recognizing him with the 2025-26 Vocational Excellence Award and placing him among the distinguished recipients since 1996. He shared insights from his journey as a teacher and Yakshagana performer, noting that the art form enriched his teaching abilities. He emphasized the importance of duty consciousness, stating that society functions smoothly because of individuals who work sincerely for the common good. He reminded the audience that greatness is not inherited but earned through determination, citing the example of the current prime minister, who rose from humble beginnings.

Reflecting on his personal life, he recalled his mother's sacrifices and her determination to educate him despite being illiterate. He urged support for Kannada-medium schools, stressing the need for modern facilities such as good buildings, technology, drinking water, and playgrounds.

He concluded with a quote from Sant Ramdas: "True service is possible only when the self-conscious individual loses his egoistic sense of 'actorship' by merging his self-interest in the commonweal welfare of the world..."

Chief Guest's Address : Chief guest Lion Navaneeth Shetty described himself as a humble student of Dr. Joshi. He recalled his father's advice that pursuing Yakshagana was acceptable, but education must remain a priority—an example set by Dr. Joshi, who excelled both academically and artistically.

Inspired by this guidance, he completed his MBA while continuing his involvement in Yakshagana, Kambala, and comping. He thanked Dr. Joshi for his mentorship and remarked that, by merit, Dr. Joshi could have served as the nation's finance minister or a Supreme Court judge due to his professional excellence and commitment to justice.

Announcements by the President : Rtn. Dr. Shivaprasad K presented RC Mangalore North's projects at the Rotary Showcase during the SnehaSaurabha District Conference, Mysore, on January 31, 2026.

Member Recognition : Rtn. T. G. Shenoy won four prizes at the Senior Citizens Sports and Cultural Program organized by the Senior Citizens Association.

Special guest: Rtn. Chittaranjai Bhandary, Smt. Suchetha Joshi

Birthday & Anniversary Wishes : Rotarians, Anns, Annets, and their families celebrating birthdays and anniversaries were warmly greeted.

Acknowledgments : **Invocation:** Ann. Sumathi Shetty, **Introduction of Chief Guest:** Rtn. Dr. Shivaprasad K., **Introduction of Awardee:** Rtn. Dr. Prakash Shetty, **Reading of Award Citation:** Rtn. Vishwanath Shetty M., **Vote of Thanks:** Rtn. Dr. Sathish Kumar Shetty P.

Closing : The meeting concluded with the National Anthem, followed by a fellowship dinner sponsored by club.



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Dr. M. Prabhakar Joshi
 being awarded with the
'Vocational Excellence Award'
 for the year 2025-26.



Rtn. Dr. K. E. Prakash was the chief guest for the School Day Celebration of Kanaka Vidaya Samasthe (R), Shimoga, on 13.2.26, Friday.

Recognition to our Rotarians:

Rtn. Dr. Prabha Adhikari secured the National Research Award in the competition on the theme "Atal Drishti-Vikasit Bharat Ka Sankalp" held in Nov. 2025 for her commitment and meaningful contribution towards the successful execution of the program at the national level.

Rtn. Ramanand Pai has won SAP HM ribbons and a cash award at the Sigma Academy of Photography in the Indian Wedding Photography contest held in Hyderabad, Telangana State.

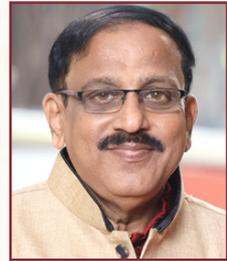
HAPPY BIRTHDAY



Ann Vimala Rai
 14th Feb



Rtn. Ganesh Krishna Bhat
 15th Feb



Rtn. Dinesh Kamath
 17th Feb

Annet Shrimaa D/o Rtn. Bharath Kateel, 15th Feb.



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